



# HIV AND AIDS



## 1. INTRODUCTION

NICDAM offers the Level 4 qualification 74410: Further Education and Training Certificate: Public Awareness Promotion of Dread Disease and HIV/AIDS as well as a variety of short courses and skills programmes in HIV&AIDS.

Various options are available to individual learners / organisations / agencies / departments and workplaces. In addition to the options mentioned in section 4 of this brochure, learning programmes can be compiled by NICDAM to suit the specific needs of organisations, agencies, departments and workplaces.

## 2. ABOUT NICDAM

NICDAM is a well-established and experienced training provider operating nationally. We offer a wide range of full qualifications, skills programmes and short courses from Levels 1 to 4. We design and develop learning programmes to tailor for the needs of learners, organisations, departments and workplaces.

NICDAM has trained more than 16,000 individuals in a variety of short courses and learning programmes since our inception in 1999:

- 4,773 learners obtained SAQA credits for unit standards
- 1,136 learners obtained full SAQA qualifications

### ☞ Currently:

- 1,920 learners are enrolled in short courses
- 1,369 learners are enrolled in skills programmes and qualifications

### ☞ We are fully accredited with the following SETAS:

- Health & Welfare SETA (HWSETA): HW592PA05000123
- Education & Training SETA (ETDP SETA)
- Manufacturing, Engineering & Related Services SETA (MER SETA)

We offer training on site at our training facilities in Centurion, but we mostly train off site at workplaces, institutions and in communities as needed. We have trained all over the country including the most remote areas.

## 3. REQUIREMENTS FOR REGISTRATION

The requirements for the qualification are Communication at NQF Level 3 and Mathematical Literacy at NQF Level 3.

SAQA strongly recommended that the learner is competent in the Unit Standard: ID 254220: Provide primary emergency care/first aid as an advanced first responder. Although access to this Qualification is open SAQA states in the qualification that note must be taken of the Learning Assumed to be in Place.

The requirements for the short courses and skills programmes are indicated in the table provided in section 3.

## 4. LEARNING PROGRAMME OPTIONS

### ☞ **Qualification:**

74410: Further Education and Training Certificate: Public Awareness Promotion of Dread Disease and HIV/AIDS. The Level 4 qualification consists of a minimum of 166 Credits.

### ☞ **Fundamentals Component:**

The Fundamental Component consists of Unit Standards in:

- Mathematical Literacy at NQF Level 4 to the value of 16 Credits.
- Communication at NQF Level 4 in a First South African Language to the value of 20 Credits.
- Communication in a Second South African Language at NQF Level 3 to the value of 20 Credits.

Learners who have Grade 12 certificates and a numeracy or maths subject can receive recognition of prior learning. Learners who do not have these subjects on grade 12 level will have to do a bridging course in numeracy and/or literacy.

**Core Component:**

The Core Component consists of Unit Standards to the value of 99 Credits all of which are compulsory.

### ☞ **Elective Component:**

A minimum of 11 Credits must be obtained in the Elective Component for the learner to be awarded the Qualification.

The course consists of HIV and AIDS within a primary health care context. The implementation of community development processes is central to the qualification; therefore the practical focus of the course is very important. Learners will be expected to plan and execute a primary health care intervention of which the outcome is linked to beneficiaries who are living with HIV & AIDS.

At level 3, learners are expected to have autonomy of learning and as the classroom time only takes up 10 weeks, learners will be expected to do self-study, research and self-directed learning.

The core and elective components of the qualifications are presented in the following clusters:

**Short Courses & Skills Programmes:**

Cluster	US ID	US	Credits	Class room time	
<b>HIV&amp;AIDS</b>	252513	Apply established strategies and procedures to deal with risk behaviour and promote personal wellbeing	3	3 weeks	
	114491	Educate and work closely with the community with regard to sexually transmitted infections (STIs) including Human Immune Virus/Acquired Immune Deficiency Syndrome (HIV/AIDS)	10		
	117507	Develop and implement a client ARV treatment plan	6		
	252099	Provide nursing care to a terminally ill patient and support to the family	5		
	(Some aspects of this US is covered in the Counselling cluster)	252532	Provide on-going counselling and support to individuals infected or affected by HIV and AIDS		3
	(Some aspects of this US is covered in the Counselling cluster)	337179	Practise according to relevant ethical and legal codes		3
	<b>TOTAL</b>				<b>30</b>
<b>COMMUNITY INTERVENTION</b>	264974	Develop a community profile for a specific community	6	2 weeks	
	12353	Facilitate participatory community development processes	12		
	260406	Assist in facilitating and implementing primary health care projects within the community	12		
	260383	Plan and promote nutritional programmes to improve health	12		
	<b>TOTAL</b>				<b>42</b>
<b>COUNSELLING</b>	252512	Counsel an individual in a structured environment	12	3 weeks	
	117860	Apply knowledge of interpersonal relationships to enhance the effectiveness of the counselling process	8		
	252533	Provide pre and post HIV test counselling	5		
	254222	Demonstrate stress management techniques as a self-help tool	4		
	<b>TOTAL</b>				<b>29</b>

<b>DEVELOPING LEARNING PROGRAMMES</b>	123394	Develop outcomes-based learning programmes	10	2 weeks
<b>TOTAL</b>			<b>10</b>	
<b>TOTAL</b>			<b>167</b>	

**Short Courses & Skills Programmes:**

Name of course	Target group	Requirements	Unit standards	Credits	Length of course
Peer counselling in the workplace	Peer counsellors	The credits allocated to this unit standard assume that a learner has already learned to understand and deal with HIV/AIDS	US 13203: Counsel workgroup members in respect of HIV/AIDS (Level 5)	3	8 days (practical included)
		<ul style="list-style-type: none"> <li>• Knowledge of the community and ability to communicate effectively within their cultural context</li> <li>• Communication, language and numeracy skills at NQF level 3.</li> <li>• Knowledge and understanding of relevant ethics at NQF Level 3(US 13203 deals with this aspect)</li> </ul>	US 114491: Educate and work closely with the community with regard to Sexually Transmitted Infections (STI's) including Human Immune Virus (HIV) & Acquired Immune Deficiency Syndrome (AIDS). (Level 4)	10	
		<b>TOTAL:</b>		<b>13</b>	
Peer education master training in correctional services	Peer educators in a corrective setting	Open	US 14656: Demonstrate a understanding of sexuality and sexually transmitted infections including HIV/AIDS	6	1 week (practical included)
Peer education in the workplace , school or community	Peer educators	Open	US 14656: Demonstrate a understanding of sexuality and sexually transmitted infections including HIV/AIDS	6	1 week (practical included)

HAST (HIV & AIDS, STIs and TB)	Community Caregivers, Community health workers, Community Development Workers.	Open	US 116999: Apply accurate information about HIV and AIDS to everyday life	2	2 weeks class room training and 2 weeks practical in the community.
	<ul style="list-style-type: none"> <li>• Communication at ABET level 3.</li> <li>• Mathematical Literacy at ABET level 3.</li> <li>• Knowledge of a community and diseases common to the community.</li> <li>• Knowledge of the community and the ability to communicate effectively within their cultural context.</li> <li>• Competency in the following unit standards or equivalent:               <ul style="list-style-type: none"> <li>• 116999 and 14656.</li> </ul> </li> </ul>		US119560: Promote awareness of Sexually Transmitted Infections (STI's) in the community	4	
		Open	US 14656: Demonstrate a understanding of sexuality and sexually transmitted infections including HIV/ AIDS	5	
		Open	US117017: Provide information about Tuberculosis and directly observed treatment (DOTS)	3	

	<ul style="list-style-type: none"> <li>• Communication at ABET level 3</li> <li>• Mathematical Literacy at ABET level 3.</li> <li>• Knowledge of the community and the ability to communicate effectively within their cultural context</li> <li>• Competency in the following unit standards or equivalent:</li> <li>• US 117017</li> <li>• US 116999</li> <li>• The learners who will be monitoring ARV treatment for children need to be competent in US 119562 <i>"Give guidance on the integrated management of childhood illnesses in the community"</i></li> </ul>	US 119561: Support clients who are receiving Anti Retroviral Treatment (ART)	6
	<b>TOTAL:</b>		<b>32</b>

## 5. WHO CAN BENEFIT FROM THE TRAINING?

- Home based carers, caregivers and volunteers currently involved in HIV prevention, care and support and who want to participate in accredited training or who wants to obtain a qualification.
- HIV and AIDS lay counsellors who want to obtain credits in HIV & AIDS.
- Individuals who are considering a career in the HIV& AIDS and TB prevention, care and support field, working for community organisations, etc.
- Workplace programmes that make provision for HIV&AIDS peer education / peer counselling.

## 6. DETAILS ABOUT THE LEARNING PROGRAMME

When enrolling for any of the above learning programme options learners' details are uploaded to the HWSETA or appropriate ETQA's learner data base, in other words, learners are registered on the SAQA learner data base.

Learners will receive learning material in the form of a manual and a Portfolio of Evidence (POE) framework which have to be completed during the training and submitted on a due date supplied by the facilitator. Learners will undergo formative assessment and summative assessment during the course of the training.

The summative assessment is made up of a theoretical section and a practical section.

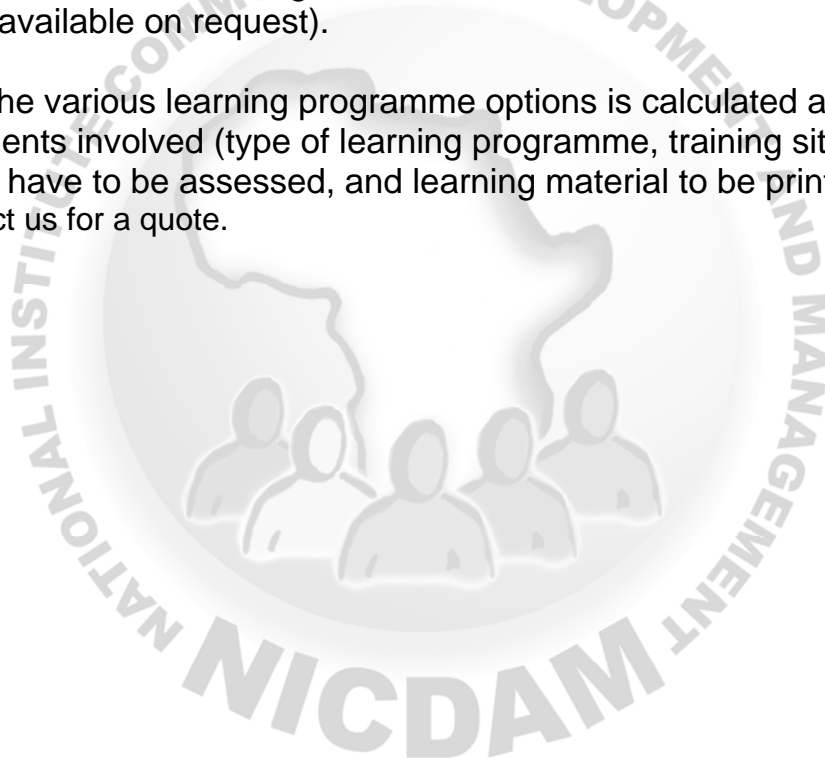
## **7. PRACTICAL WORK FORMS PART OF THE TRAINING**

As indicated in section 3, in the qualification and some learning programmes learners have to complete a Practical Portfolio after the classroom training has taken place. They are given a due date by which the POE must be submitted. Learners have to be competent in both the theory and the practical in order to attain the credits as indicated.

## **8. TRAINING ARRANGEMENT OPTIONS& COSTS**

NICDAM can provide on-site training, subject to the approval of the training facilities. A maximum number of 30 learners per class are recommended. Individual learners who are interested in the training can be accommodated with other groups if available (information available on request).

The cost of the various learning programme options is calculated according to the various elements involved (type of learning programme, training site, number of learners that have to be assessed, and learning material to be printed, etc.). Please contact us for a quote.



## 9. CONTACT DETAILS:

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